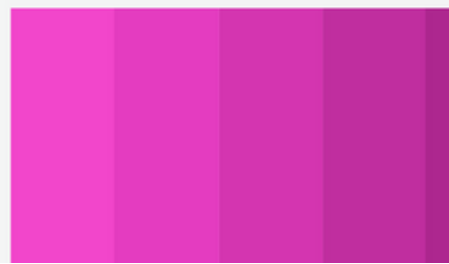
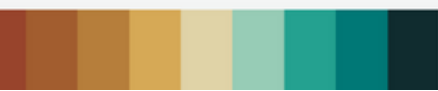
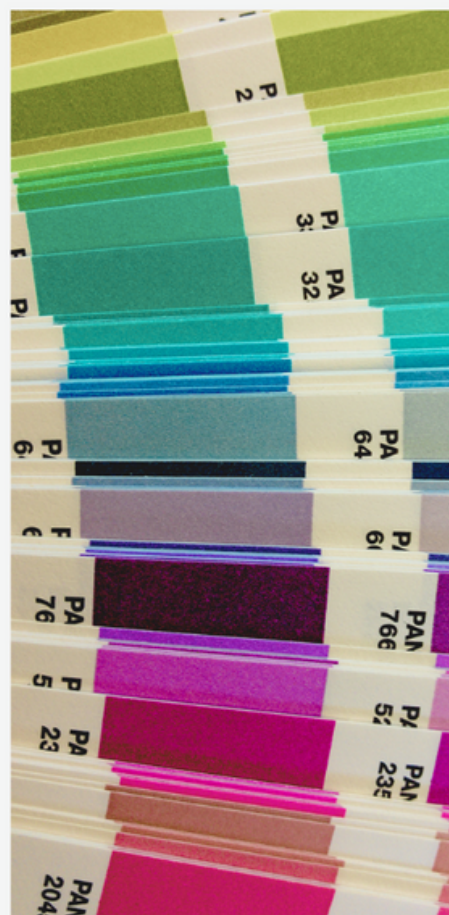


# Girl Code

## How to Build a Capsule Wardrobe



# A Step-by-Step Guide to Building Your Capsule Wardrobe

A capsule wardrobe is a minimalist and curated collection of clothing items that are versatile, timeless, and reflect your personal style.

It simplifies your daily dressing routine, reduces clutter, and encourages a more sustainable approach to fashion.



# Step 1: Define Your Style

Before you start building your capsule wardrobe, take some time to define your personal style.

## Consider the following questions

What are your fashion preferences?

Do you prefer casual, formal, or a mix of both?

Are there specific colours, patterns, or textures you gravitate towards?

What are your lifestyle needs (e.g., office attire, workout gear, casual wear)?

Gaining clarity on your style preferences will help you make more informed choices when selecting clothing items.



## Step 2: Take Inventory

Go through your existing wardrobe and lay out all your clothing items.

### **Take inventory of what you have, including**

Tops

(shirts, blouses, sweaters)

Bottoms

(pants, skirts, shorts)

Dresses and jumpsuits

Outerwear

(jackets, coats)

Shoes

Accessories

(jewellery, scarves, belts)

Seasonal items

(swimwear, winter gear)

As you assess each item, ask yourself whether you love it, it fits well, and it aligns with your defined style. Set aside items that don't meet these criteria for donation or resale.

## Step 3: Set a Capsule Wardrobe Size

Determine how many items you want in your capsule wardrobe.

The typical range is around 30-40 items, but you can adjust this number based on your needs and available storage space.

Keep in mind that the goal is to simplify, so be selective.



## Step 4: Choose Your Colour Palette

Select a colour palette for your capsule wardrobe.

Start with a base of neutral colours (e.g., black, white, grey, navy, beige) as they are versatile and easy to mix and match.

Then, add a few accent colours that complement your neutrals and add variety.



## Step 5: Essential Pieces

Identify essential pieces that form the core of your wardrobe.

### These might include

Classic white button-down shirt

Well-fitting jeans or trousers

Versatile blazer or jacket

Little black dress (LBD)

Comfortable and stylish shoes

These essentials serve as the foundation upon which you build your outfits.



## Step 6: Mix and Match

Select clothing items that are versatile and can be mixed and matched to create various outfits.

**Look for items that work well together and consider the following when making choices**

Can this item be worn in multiple settings (casual, formal, work)?

Does it complement the colour palette you've chosen?

Does it fit comfortably and flatter your body shape?





# Step 7: Seasonal Considerations

If you experience distinct seasons, create seasonal capsules.

Store out-of-season items in a separate space and rotate them in as needed. This ensures your wardrobe remains relevant year-round.



## Step 8: Accessories

Choose a few accessories that can elevate your outfits and add personality.

These may include scarves, belts, statement jewelry, and hats.



## Step 9: Declutter and Organise

Remove any items from your wardrobe that didn't make the cut for your capsule.

Organise your capsule wardrobe neatly in your wardrobe or drawers, making it easy to see and access everything.



## Step 10: Maintenance

Regularly review your capsule wardrobe to ensure it still meets your needs and style preferences.

Replace worn-out items or items that no longer align with your style.



# Congratulations on Creating Your Capsule Wardrobe!

Creating a capsule wardrobe is a thoughtful and intentional process that can simplify your life and reduce fashion-related stress.

By defining your style, curating a collection of versatile, high-quality pieces, and maintaining it over time, you'll enjoy the benefits of a more streamlined, sustainable, and enjoyable wardrobe.

